



# HOW YOU CAN PROTECT YOUR HEALTH AND SAFETY

Thousands of workers are made ill by hazardous substances each year. Why? Because employers aren't taking effective measures to control exposure and protect the health of their workers. By law, employers must make sure your workplace complies with the Health and Safety at Work Act 1974 and the Control of Substances Hazardous to Health (COSHH) 2002 regulations.

Trade unions defend and make sure employers provide a safe work environment and are **#UnderTheCOSHH**. As a union member, you can turn to your trade union for support and to raise any concerns you may have about your health and safety at work.

## HERE ARE JUST SOME OF THE BENEFITS OF BEING PART OF A TRADE UNION:

- ◆ Union members are less likely to be injured at work
- ◆ Unions stand up for equality in the workplace
- ◆ Unions provide access to quality-monitored legal services
- ◆ Union health and safety reps can raise your concerns and take action to prevent accidents at work

If you are interested in joining a trade union, visit [www.tuc.org.uk/join-union](http://www.tuc.org.uk/join-union) for more information and advice on becoming a union member.

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#### SOURCES:

[www.hse.gov.uk/statistics/overall/hssh1617.pdf](http://www.hse.gov.uk/statistics/overall/hssh1617.pdf)  
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